October MENU 2018

BROOKHOLLOW CHRISTIAN ACADEMY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	B- Muffins & Fruit **1** L – Frito Pie, Green Beans, & Fruit S-Cheez its	B- French Toast &Fruit **2** L – Sweet & Sour Ckn., Veggie Rice & Fruit S-Cheese n Crackers	B- Waffles & Fruit **3** L - Cheeseburgers w/lettuce, tomato, pickles, French Fries & Fruit S-Funyuns	B- Pancakes & Fruit **4** L - Chicken Strips, Peas, Wedged Potatoes & Fruit S-Rice Krispy Treats	B- Grits &Toast w/Fruit **5** L - Pizza, Salad w/ranch & Fruit S-Graham Crackers	**6**
7	B- Waffles & Fruit **8** L - Spaghetti w/meat Sauce, Green Beans & Fruit S-Ritz Crackers	B- Oatmeal & Fruit **9** L - Beef, Bean & Cheese Burrito, Rice & Fruit S-Goldfish	B- Muffins & Fruit **10** L - Ckn Patty Sandwich w/pickles, French Fries & Fruit S-Cheese Its	B- Grits & Toast w/ Fruit **11** L - BBQ Beef Baked Potatoes, Broccoli & Fruit S-Harvest Grain Sun Chips	B- Pancakes & Fruit **12** L - Pizza, Salad w/ranch & Fruit S-Animal Crackers	**13**
14	B- French Toast & Fruit **15** L - Hot Dogs, Green Beans, Tatar Tots & Fruit S-Yogurt	B- Pancakes & Fruit **16** L - Turkey & cheese on a Bun, Cheetos, Carrots w/Ranch & Fruit S-Animal Crackers	B- Oatmeal & Fruit **17** L Soft Tacos, Rice, Pinto Beans & Fruit S-Ritz Crackers & Cheese	B- Waffles & Fruit **18** L Baked Pasta w/ Chicken, Broccoli & Fruit S-Sun chips Harvest Cheddar	B- Grits, Toast & Fruit **19** L Pizza, Salad w/ Ranch & Fruit S-Graham Crackers	**20**
21	B- Waffles & Fruit **22** L Cheesy Beef Mac, Broccoli & Fruit S-Cheetos	B- Grits, Toast &Fruit **23** L Roasted Chicken Legs, Seasoned Rice, Peas & Fruit S-Animal Crackers	B- French Toast& Fruit **24** L Beef Stew, Rice, Cornbread & Fruit S-Cheese sticks & Crackers	B- Muffins & Fruit **25** L Mummy Dogs, Tatar Tots, Mixed Veggies & Fruit S – Pretzels	B- Pancakes on sticks **26** & Fruit L - Cheeseburgers w/lettuce, tomato, pickles, French Fries & Fruit S-Goldfish	**27**
28	B- Waffles & Fruit **29** L Sloppy Joes, Tatar Tots & Fruit S-applesauce & honey graham crackers	B- Muffins & Fruit **30** L Chicken Quesadilla & Fruit S-Cheetos	B- Honey biscuit & Fruit **31** L -Grilled cheese, French fries & Fruit S-Yogurt			

NUT – FREE ZONE! ***MILK IS SERVED WITH ALL BREAKFAST& LUNCH MEALS**

***FRUIT JUICE IS SERVED WITH ALL SNACKS**